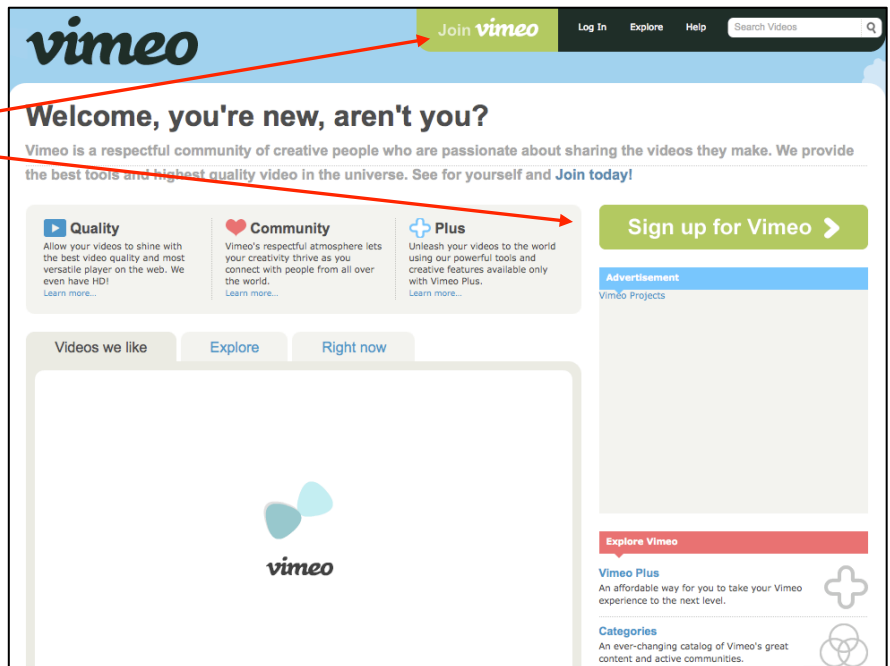


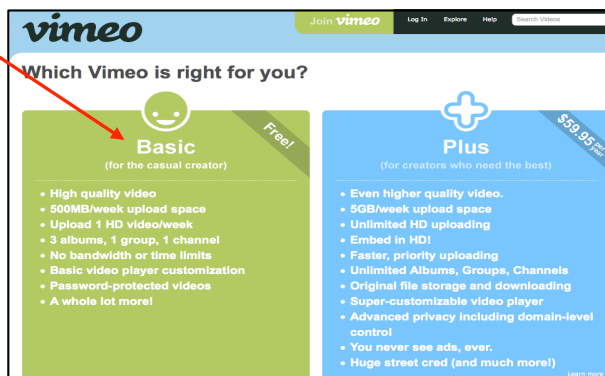
Downloading Video from Vimeo.com

Step 1: Sign up for a free "Basic" Vimeo account

1. Follow the link below the player to the Vimeo home page (www.vimeo.com)
2. Click on "Join Vimeo" or "Sign up for Vimeo"



3. Select "Basic" account



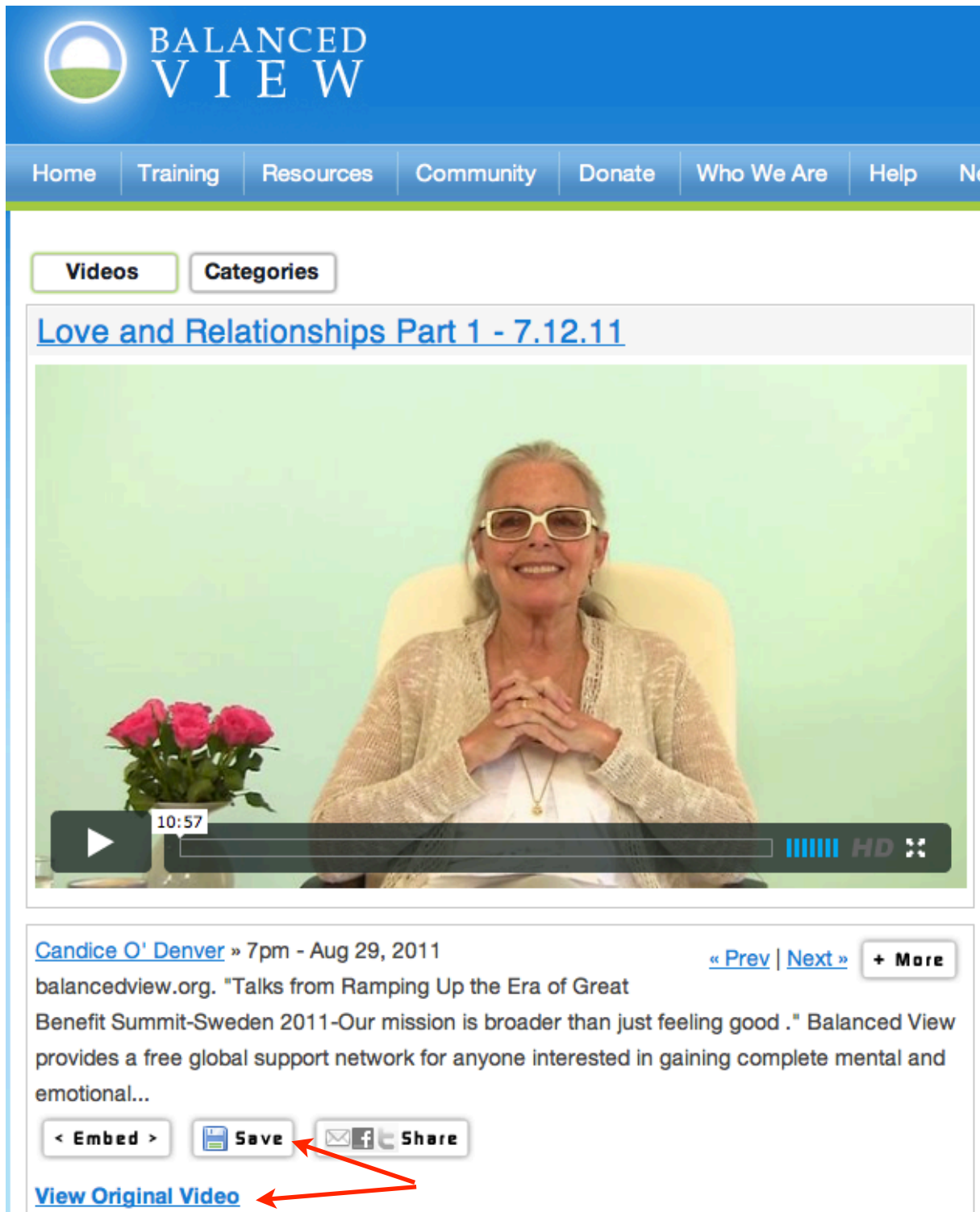
4. Enter name, email and create a password
5. Check the box for "I understand..."
6. Click on "Join Vimeo"



7. You have now successfully created a free Basic Vimeo account, and you will be able to download videos immediately as long as you are logged into your account

Step 2: Download videos from the Balanced View website

- Click the 'Save' icon and then click 'View Original Video'



The screenshot displays the Balanced View website interface. At the top is a blue header with the logo and navigation links: Home, Training, Resources, Community, Donate, Who We Are, Help, and News. Below the header are two tabs: 'Videos' (selected) and 'Categories'. The main content area features a video player with the title 'Love and Relationships Part 1 - 7.12.11'. The video shows a woman with glasses and a white cardigan sitting in a chair, with a vase of pink roses to her left. The video player includes a play button, a progress bar showing 10:57, and HD and full-screen icons. Below the video player, the video title 'Candice O' Denver » 7pm - Aug 29, 2011' is displayed, along with navigation links for '« Prev | Next »' and a '+ More' button. A short description follows: 'balancedview.org. "Talks from Ramping Up the Era of Great Benefit Summit-Sweden 2011-Our mission is broader than just feeling good ." Balanced View provides a free global support network for anyone interested in gaining complete mental and emotional...'. At the bottom, there are three buttons: '< Embed >', 'Save', and 'Share'. A red arrow points from the 'Save' button to the 'View Original Video' link below it.

- If you are logged into your account you will be able to download the videos. Look down on the right below the videos (see red arrow)
- *Right-click* on '**Download this video**' and choose '**Save Link As**'
- Save the video to the desired destination on your computer

Love and Relationships Part 1 - 7.12.11
by **Balanced View Candice** PLUS
1 month ago

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SHARE
EMBED

More Add
Show me my videos See all

Relationships Part 2 - 7.12.11
by Balanced View Candice
1 month ago

307. Love and Relationships Part 1 - 7.12.11
by Balanced View Candice
1 month ago

306. Hey, Trainer! - 7.11.11
by Balanced View Candice

10:57 HD

balancedview.org. "Talks from Ramping Up the Era of Great Benefit Summit-Sweden 2011-Our mission is broader than just feeling good ."

Balanced View provides a free global support network for anyone interested in gaining complete mental and emotional stability and open intelligence in all circumstances which results in a powerful ability to be of profound benefit to oneself and others. Schedules for training all around the world and a huge archive of supportive talks and books can be found for free download at balancedview.org.

Credits
Balanced View Candice
Set Credits

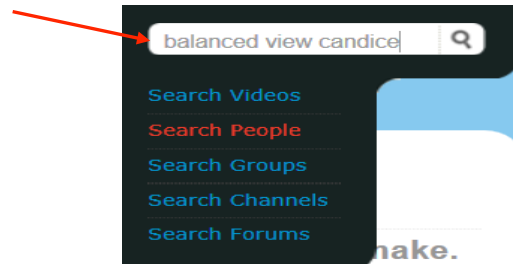
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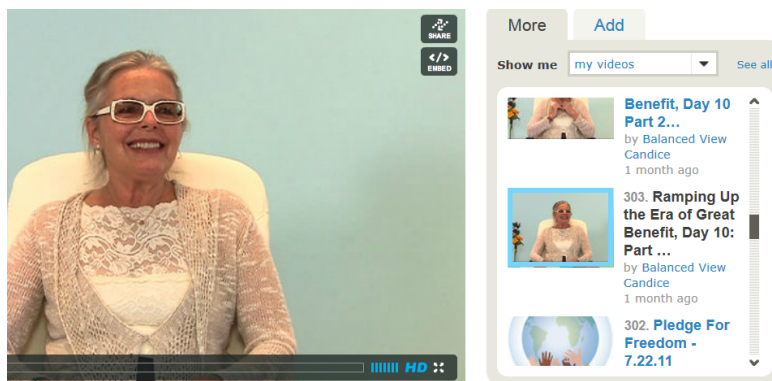
Download videos from the Vimeo website

You can also search for videos using the search window

- Make sure you are logged into your Vimeo account
- Click on 'Search People'
- Type in "Balanced View Candice" or "Balanced View Trainers" in the search box



- Select which of the Balanced View accounts you wish to choose videos from
- Next, click on the actual **video title** to open the video page
- *Right-click* on '**Download this video**' and choose '**Save Link As**' - See red arrow
- Save the video to the desired destination on your computer



s from Ramping Up the Era of Great Benefit Summit-Sweden 2011-OI is always

s a free global support network for anyone interested in gaining complete mental and open intelligence in all circumstances which results in a powerful ability to be neself and others. Schedules for training all around the world and a huge archive books can be found for free download at balancedview.org.

