



Welcome to the Great Freedom Center in Sweden

The Great Freedom Center is owned and run by a non-profit association, dedicated to the vision of awareness for the benefit of all. The Center provides an environment for everyone committed to gaining confidence in the inherent clarity of awareness. It is solely supported by contributions from grateful participants.

Accommodation

The accommodation is mainly in shared rooms (3/4 beds). We have a limited amount of double and single rooms for a fixed price. Kindly bring your own bed linen, pillowcase and towels, it is also possible to hire them for 100 SEK. Be sure to include in your application what kind of accommodation you want and also if there is a particular person you would like to share a room with. Single rooms are available when the Center is not fully booked and cannot be guaranteed. If you camp, bring your own tent, sleeping-bag, and sleeping pad.

Application

Application is required and enables us to prepare for your visit. Kindly send your application to: Sweden@greatfreedom.org. [Download applications](#) for the Center and the Teaching you want to attend (separate applications). It is important that all applications are attached, complete and signed.

The application does not guarantee participation in the teaching and we suggest not making travel arrangements until having received confirmation of your application.

Food

Food is served three times a day (breakfast, lunch and dinner). We also have a wonderful café where you can buy various snacks and hygiene products. All meals are vegetarian. Please specify in the application if you have any allergies. We can not consider special diets.

Service

We kindly ask everyone residing at the Center to do service for one hour a day (preparing meals, dishwashing, cleaning, etc).

Internet

The Center has a wireless network in all buildings. There is a computer in the Guest House for guests to use.

Laundry

There is a laundry machine at the Center for guests to use.

Suggestions for your stay at the Center

The center is situated in a beautiful and peaceful natural setting. The weather in Sweden is unpredictable and can be quite wet and cold. It is a good idea to bring waterproof walking shoes and warm clothes, especially if you would like to take walks in the surrounding area. An umbrella could be useful since the Guest House, dining hall and meeting hall are in three different buildings.

Outdoor shoes should be left in the hallways. The floors can be cold, and we recommend socks or shoes for indoor use, preferably with soft soles. In winter, it can also be comfortable to have a warm shawl in the meeting hall.

You will need a paper pad and pen for the teaching. These items are available to buy in the café.

The Teaching begins at 10 am and ends at 5.30 pm every day. We ask you to plan your arrival and departure time accordingly and participate full days on the teaching. It is possible to come one day earlier and stay one day extra at the Center.

Earplugs could be a good companion!

There is chairs in the Meeting hall for everyone, both a few floor chairs and normal conference chairs.

The closest shop is in Vittsjö, 8 km away. Basic items can also be bought in the café at the Center.

Sliding scale for accommodation and food

The sliding scale of 350-850 SEK per day for food and accommodation covers the operating cost of the Great Freedom Center. Scholarships may be provided (only for accommodation in dormitory). Single rooms are available when the Center is not fully booked and cannot be guaranteed during the Summer Gathering.

Single room:	550-850 SEK (650-850SEK during Summer Gathering)
Double room:	450-550 SEK
Dormitory/4 bedroom:	350-550 SEK
Camping:	250-550 SEK
Children:	250-350 SEK
Day visitor (incl lunch):	100-200 SEK

For suggested sliding scale to the teaching, kindly see:
<http://www.greatfreedom.org/schedulesweden.html#center>

Donations

The Center and the teaching are two different receivers. It is only possible to contribute in advance when contributing within the suggested sliding scales for both the teaching and the Center. We are happy to help you on how to split the donation if you are unsure on how to do that.

Donations for food and accommodation to the Center

If you donate within the suggested contribution scale, *both for the stay at the Center and for the Teaching*, you may donate to the Center via internet before you come. Otherwise you can donate with creditcard or cash when you are at the Center. Cash is in Swedish currency only. You may also use the guest computer to transfer your donation when you have talked to the person responsible for donations.

From abroad:
Great Freedom Center Non Profit Association
IBAN: SE21 9500 0099 6026 0053 6169
BIC: NDEASESS

Donations to the Teachings

The donations to the teachers are preferably done in cash (Swedish currency only). It is not possible to donate via creditcard to the teachers. The Teaching can also be donated via Paypal to the teacher. We will send you a mail with more information about the Paypal addresses before your arrival, and we can also help you when you are here. You can use the guest computer when you have talked to the person responsible for donations. It is possible to use an ATM in Vittsjö or Markaryd, located approximately 8km from the Center, co-driving can be organized.

How to get to the Great Freedom Center in Skåne (Björstorp)

Map Link

<http://kartor.eniro.se> Enter "Björstorp 2230, Vittsjö" or "Emmaljunga" in the search box up on the right side.

GPS latitude 56.394, longitude 13.673

By train to Hässleholm (= the closest train station)

For train schedules within Sweden, please see, <http://www.sj.se>

From Copenhagen/Kastrup (Airport) = The closest Airport

There are direct **trains** leaving from Kastrup Airport **to Hässleholm** twice an hour during the week, at 16 minutes and 56 minutes after the hour, beginning at 5:56 in the morning and continuing until 21:56 in the evening. (There is also one last train at 22:56, but there would be no bus connection from Hässleholm). In the weekends the trains sometimes leave only once an hour, and the last one is at 21:56. **Train tickets** can be purchased in Terminal 3 in a ticket counter (with people, not a machine). You can buy a ticket for **142 DK to Emmaljunga**, where the Center is located, which covers the train ticket from Kastrup to Hässleholm and also the bus ticket from Hässleholm to Emmaljunga. The travel time from Kastrup to Hässleholm (Hultahusvägen) on the train is about 1 hour 20 minutes, and then the bus from Hässleholm to Emmaljunga takes about 35 minutes.

From Gothenburg Airport

The Center is situated three hours from Gothenburg. From there you can take an airport to the main trainstation and then take a train to Hässleholm. From Hässleholm you continue by bus to Emmaljunga (Hultahusvägen) to the Center, it takes about 35 minutes. It is closer and a bit easier to travel to Kastrup Airport, Copenhagen (see above)

From Hässleholm, the **bus to Emmaljunga** leaves from just beside the train station (see the attached timetable). You take bus 532 in the direction of Markaryd, after a 35-minute ride, you get off at the **Hultahusvägen** bus stop in Emmaljunga, which is at a Gulf petrol station. If you do not already have a ticket the whole way from Kastrup Airport to Emmaljunga, the price for the bus ticket from Hässleholm to the bus stop Hultahusvägen, Emmaljunga is **29 SEK**.

We will be there to **pick you up at the bus stop**. Please mail us if you know the arrival time before you start your travel: Sweden@greatfreedom.org. If you are unsure about your arrival time (or late) please phone us when you are on the train or bus. Phone number: +46(0)704194740 (only concerning pick ups). The number to the center is: +46 451 242 65 (answering machine).

Some of the buses from Hässleholm only go as far as Vittsjö and the Swebus Express from Stockholm www.swebusexpress.se stops in Markaryd. We are happy to pick you up there as well. If you have to arrive late in Hässleholm, we can arrange a pick up there too. (It's about 30 minutes drive from the Center)

Donation, Pick-up:

Emmaljunga	10 SEK
Vittsjö	50 SEK
Markaryd	50 SEK
Hässleholm	200 SEK

An emergency plan: If you find yourself in Emmaljunga without a telephone and with no one to pick you up from the bus stop, walk south along the road until you see the blue sign saying: "Visseltofta 15 km". Turn onto that road, and you can easily walk down to the Center, which is 1.8 km away.

By car, from the south

1. Coming from Hässleholm, take road 117 north - towards Markaryd. Pass through Vittsjö, and then after driving another 6 km, you will arrive in Emmaljunga. When you see the sign "Visseltofta 15 km", turn right and continue on for 1.8 km until you see the Center on the right side of the road.

2. Driving on the E4 Freeway from Malmö/Helsingborg - towards Stockholm, once you reach Markaryd, (first exit) take road 117 south from Markaryd towards Hässleholm, and then drive 8 km to Emmaljunga. Turn left when you see the sign "Visseltofta 15 km." (It is the first paved road after the Gulf petrol station). Drive 1.8 km and on your right you have the Center.

By car, from the north

Take the E4 Freeway to Markaryd, (second exit) then road 117 from Markaryd south towards Hässleholm; drive 8 km to Emmaljunga. Turn left when you see the sign "Visseltofta 15 km" (first paved road after the Gulf petrol station). Drive 1.8 km, and the Center is on your right.

Anonymity

It is of importance to keep the anonymity assured for everyone visiting the Center, only in that way can everyone feel safe during their stay here. Before publicizing any photographs or other material on places such as Facebook or other official sites, you need to have the permission of all participants in the picture. If you know that you would not like to be included in a photograph in this way, please make the Center and the photographer aware. Thank you for spreading the joy of the teaching and the Center in a beautiful and respectful way. Please mail Sweden@greatfreedom.org if you have any questions.

Address

Great Freedom Center
Björstorp 2230
28022 Vittsjö
Sweden

Telephone number

+46 451 242 65 (answering machine)

Email

Sweden@greatfreedom.org

Skånetrafiken

Giltig 2009-12-13 - 2010-12-11. Midsommar-, jul och nyårsafton körs trafiken som lördag.

532 Regionbuss

MARKARYD - HÄSSLEHOLM

Markaryd Jvstn	Enmaljunga Hultahusvägen	Vittsjö busstn	Bjärnum busstn	Hässleholm C	
måndag-fredag					
05.17	05.25	05.33	05.41	06.03	
		06.03	06.11	06.33	d
		06.43	06.51	07.13	
06.47	06.55	07.03	07.11	07.33	
		07.23	07.31	07.53	v
07.17	07.25	07.33	07.41	08.03	
07.47	07.55	08.03	08.11	08.33	
		08.23	08.31	08.53	v
		08.43	08.51	09.13	
08.47	08.55	09.03	09.11	09.33	
09.47	09.55	10.03	10.11	10.33	
		11.03	11.11	11.33	
12.47	12.55	13.03	13.11	13.33	
		13.43	13.51	14.13	
		14.53	15.01	15.23	
14.47	14.55	15.03	15.11	15.33	
15.47	15.55	16.03	16.11	16.33	
		16.23	16.31	16.53	
16.17	16.25	16.33	16.41	17.03	
		17.03	17.11	17.33	
		17.53	18.01	18.23	v
17.47	17.55	18.03	18.11	18.33	
		18.53	19.01	19.23	v
18.47	18.55	19.03	19.11	19.33	
19.47	19.55	20.03	20.11	20.33	
20.47	20.55	21.03	21.11	21.33	
		21.13	21.21	21.43	
		22.13	22.21	22.43	
	23.25	23.33	23.41	00.03	

d Turen fortsätter till Läreda industriområde i Hässleholm via Stadshuset och sjukhuset.

v Turen går ej 20 juni - 14 augusti 2010.

Skånetrafiken

Giltig 2009-12-13 - 2010-12-11. Midsommar-, jul och nyårsafton körs trafiken som lördag.

532 Regionbuss

MARKARYD - HÄSSLEHOLM

Markaryd jvstn	Enmalijunga Hultahusvägen	Vittsjö busstn	Bjärnum busstn	Hässleholm C
lördag				
08.47	08.55	09.03	09.11	09.33
		10.03	10.11	10.33
10.47	10.55	11.03	11.11	11.33
13.47	13.55	14.03	14.11	14.33
15.47	15.55	16.03	16.11	16.33
17.47	17.55	18.03	18.11	18.33
		19.23	19.31	19.53
21.47	21.55	22.03	22.11	22.33
	23.25	23.33	23.41	00.03
söndag				
08.48	08.55	09.03	09.11	09.33
10.48	10.55	11.03	11.11	11.33
13.48	13.55	14.03	14.11	14.33
15.48	15.55	16.03	16.11	16.33
17.48	17.55	18.03	18.11	18.33
20.48	20.55	21.03	21.11	21.33
		22.13	22.21	22.43

J Turen går ej julafton.

Skånetrafiken

Giltig 2009-12-13 - 2010-12-11. Midsommar-, jul och nyårsafton körs trafiken som lördag.

532 Regionbuss

HÄSSLEHOLM - MARKARYD

Hässleholm C	Bjärnum busstn	Vittsjö busstn	Enmaljunga Hultahusvägen	Markaryd jvstn	
måndag-fredag					
04.27	04.45	04.53	05.02	05.13	
05.47	06.05	06.13	06.22	06.38	i
05.27	05.45	05.53			
06.27	06.45	06.53	07.02	07.13	
06.47	07.05	07.13	07.22	07.33	
07.27	07.45	07.53			v
07.47	08.05	08.13	08.22	08.33	
08.17	08.35	08.43			
08.47	09.05	09.13	09.22	09.33	
10.27	10.45	10.53			
11.47	12.05	12.13	12.22	12.33	
12.47	13.05	13.13			
13.47	14.05	14.13	14.22	14.33	
14.27	14.45	14.53			v
14.47	15.05	15.13	15.22	15.33	
15.27	15.45	15.53	16.02	16.13	
15.47	16.05	16.13			
16.27	16.45	16.53			e
16.47	17.05	17.13	17.22	17.33	
17.27	17.45	17.53			v
17.47	18.05	18.13	18.22	18.33	
18.27	18.45	18.53			v
18.47	19.05	19.13	19.22	19.33	
19.47	20.05	20.13	20.22	20.33	
20.47	21.05	21.13			
21.47	22.05	22.13			
22.47	23.05	23.13	23.22		

e Turen avgår från Läreda industriområde kl 16.12. Turen går via Qpoolen, Sjukhuset och Stadshuset.

i Turen går via västra industriområdet i Markaryd innan den går till jvstn.

v Turen går ej 20 juni - 14 augusti 2010.

Skånetrafiken

Giltig 2009-12-13 - 2010-12-11. Midsommar-,
jul och nyårsafton körs trafiken som lördag.

532 Regionbuss

HÄSSLEHOLM - MARKARYD

Hässleholm C	Bjärnum busstn	Vittsjö busstn	Enmaljunga Hultahusvägen	Markaryd Jystn
lördag				
07.47	08.05	08.13	08.22	08.33
09.47	10.05	10.13	10.22	10.33
12.47	13.05	13.13	13.22	13.33
14.47	15.05	15.13	15.22	15.33
16.47	17.05	17.13	17.22	17.33
18.47	19.05	19.13		
20.47	21.05	21.13	21.22	21.33
22.47	23.05	23.13	23.22	
söndag				
07.47	08.05	08.13	08.22	08.33
09.47	10.05	10.13	10.22	10.33
12.47	13.05	13.13	13.22	13.33
14.47	15.05	15.13	15.22	15.33
16.47	17.05	17.13	17.22	17.33
19.47	20.05	20.13	20.22	20.33
21.47	22.05	22.13		

J Turen går ej julafton.

För vidare resa mot Halmstad se Länstrafiken Kronoberg linje 325. 0771-76 70 76.